



ज्ञान-विज्ञान विमुक्तये

प्रो. श्यामा रथ
सचिव

Prof. Shyama Rath
Secretary



सत्यमेव जयते



आज़ादी का
अमृत महोत्सव

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

D.O.No. 2-20/2025(CPP-II))(C.163290)

8 ज्येष्ठ, 1948/29th May, 2026

Subject: Observance of 'World No Tobacco Day' 2026-reg.

आदरणीय महोदया/महोदय,

Kindly refer to the communication received from the Department of Health and Family Welfare, Ministry of Health and Family Welfare, regarding **Observance of 'World No Tobacco Day' 2026**, which is self-explanatory. A copy of the same is enclosed for ready reference.

All Higher Education Institutions are requested to disseminate this information among students, faculty, staff to extend their support to achieve goal of making India tobacco free.

सादर,

भवदीया,

श्यामा रथ

(श्यामा रथ)

संलग्नक: उपरोक्तानुसार

सेवा में,

सभी विश्वविद्यालयों के कुलपति।

सभी महाविद्यालयों के प्राचार्य।



पुण्य सलिला श्रीवास्तव, भा.प्र.से.
सचिव

PUNYA SALILA SRIVASTAVA, IAS
Secretary



भारत सरकार
स्वास्थ्य एवं परिवार कल्याण विभाग
स्वास्थ्य एवं परिवार कल्याण मंत्रालय
Government of India
Department of Health and Family Welfare
Ministry of Health and Family Welfare

No. Z-16016/02/2026-TC
19.5.2026

Dear Colleague,

World No Tobacco Day is observed every year on 31st May across the globe to raise awareness about the harmful effects of tobacco consumption and to encourage people to adopt a tobacco-free lifestyle. Tobacco use continues to be a major public health concern and contributes significantly to non-communicable diseases and premature mortality.

2. In this regard, all Ministries/Departments are requested to observe "World No Tobacco Day 2026" and encourage all officials to take "No Tobacco Pledge" (QR code and text of the pledge are enclosed) on or around 31st May 2026. The pledge may be administered to all officers/staff of the Ministry and subordinate/attached offices/departments to reaffirm commitment towards a tobacco-free society and healthy workplace environment.

3. Further, wide publicity may also be given to National Tobacco Quitline Services toll-free number: 1800-11-2356, to encourage tobacco users to seek counselling and support for quitting tobacco. The 'No Tobacco Pledge' and toll-free number may be displayed prominently on office notice boards, websites, social media platforms, internal communication channels, and other suitable locations.

4. I look forward to your continued support to achieve the goal of making India tobacco free.

Encl.: as above

With regards,
Yours sincerely,
Punya Salila
(Punya Salila Srivastava)

All Secretaries of Ministries/Departments (as per list)

#StopObesity

टीबी हारेगा देश जीतेगा / TB Harega Desh Jeetega

PLEDGE

On this occasion of World No Tobacco Day 2026, I take a pledge that I shall never smoke & consume any type of tobacco product in my life and shall motivate my family or acquaintances not to smoke / use any tobacco products. I shall motivate my colleagues for the same also.

प्रतिज्ञा

विश्व तंबाकू निषेध दिवस 2026 के अवसर पर, मैं प्रतिज्ञा लेता/लेती हूँ कि मैं अपने जीवन में कभी भी धूम्रपान नहीं करूँगा/करूँगी और किसी भी प्रकार के तंबाकू उत्पाद का सेवन नहीं करूँगा/करूँगी, और अपने परिवार और परिचितों को भी धूम्रपान/तंबाकू उत्पादों का सेवन न करने के लिए प्रेरित करूँगा/करूँगी। मैं अपने सहकर्मियों को भी इसके लिए प्रेरित करूँगा/करूँगी।

