



ज्ञान-विज्ञान विमुक्तये

प्रो. श्यामा रथ
सचिव

Prof. Shyama Rath
Secretary



सत्यमेव जयते



आज़ादी का
अमृत महोत्सव

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

D.O.No.F.1-1/2025(YOGA)

25 ज्येष्ठ, 1948/15th June, 2026

Subject : Celebration of International Day of Yoga (IDY) 2026 and Yoga Sangam Event on 21.06.2026- reg.

Dear Madam/Sir,

This is in continuation of this office letter of even number dated 3rd June, 2026 & 5th June, 2026 regarding activities to be undertaken by HEIs as countdown to the International Day of Yoga (IDY) 2026 and participation in the Yoga Sangam Event on 21st June, 2026. The Theme for IDY 2026 is “Yoga for Healthy Ageing”, reflecting the growing relevance of Yoga in supporting healthy longevity, active lifestyles and improved quality of life across all age groups.

Hon'ble Prime Minister of India shall lead the Yoga Sangam Event from **Kolkata, West Bengal**, by addressing the nation at **6.30 a.m. on 21st June, 2026** followed by Common Yoga Protocol (CPY) which shall be telecast by the official broadcaster and other social media platforms. Building up on the momentum generated as part of countdown activities to IDY, 2026, it is requested that arrangements may be made for viewing the address of Hon'ble Prime Minister at 6.30 a.m. and for synchronized participation in CYP thereafter.

In this regard, you are requested to register your institution on the Yoga Sangam Portal at - <https://yoga.ayush.gov.in/yoga-sangam> and synchronize the events with **Yoga Sangam activities led by Hon'ble PM from 6.30 a.m. on 21st June 2026** and ensure mass participation by students, faculty, staff, NCC/NSS volunteers, alumni and the local community. Post event, the details may be uploaded on the portal and Ministry of Ayush may be tagged in IDY-related events by displaying IDY and Yoga 365 Logo on social media platforms.

This issues with the approval of the competent authority.

With regards,

Yours sincerely,

Shyama Rath

(Shyama Rath)

To,

All the HEIs.