



ज्ञान-विज्ञान विमुक्तये

आचार्य मनिष र. जोशी  
सचिव

Prof. Manish R. Joshi  
Secretary



सत्यमेव जयते



आज़ादी का  
अमृत महोत्सव

विश्वविद्यालय अनुदान आयोग  
University Grants Commission  
(शिक्षा मंत्रालय, भारत सरकार)  
(Ministry of Education, Govt. of India)

D.No.F.1-1/2024 (YOGA)

20<sup>th</sup> June, 2024/ 30 ज्येष्ठ, 1946

**Subject: Celebration of International Day of Yoga (IDY) on 21<sup>st</sup> June, 2024**

आदरणीय महोदया/महोदय,

The world has been celebrating the **International Day of Yoga (IDY)** on 21<sup>st</sup> June every year for the last nine years. The Ministry of Ayush, as the Nodal Ministry for the observation of the International Day of Yoga, has organized various events for spreading awareness about the practice of Yoga for holistic well-being and sustainable living.

As observation of the International Day of Yoga has to be done in a whole-of-government approach, it is proposed to organize an IDY countdown even as per the Common Yoga Protocol in your University/Institution/College on a convenient date and time before 21-06-2024 under your leadership. Furthermore, I request that the proceedings of this event be recorded and subsequently uploaded on various social media platforms tagging Ministry of Ayush for ensuring wider reach.

The URL for the Common Yoga Protocol videos is (<https://yoga.ayush.gov.in/YAP/CYP/CYP-Home?lang=en>). For any technical assistance, Dr. Kashinath Samagandi, Director, Morarji Desai National Institute of Yoga ([dir-mdniy@nic.in](mailto:dir-mdniy@nic.in), Tel.No.011-23711757), or Sh. Niret K. Kurian, Deputy Director, (Email: [niret.kurian@gov.in](mailto:niret.kurian@gov.in), Tel: 011-20815346), may be contacted.

Further, with the help of ISRO, Bhuvan Yoga Mobile application has been developed for uploading the participation details. To capture participation of IDY 2024 at different locations, the link for downloading the Bhuvan Yoga android application is as follows:

[https://bhuvan-app3.nrsc.gov.in/mobile\\_app/bhuvan\\_mobile\\_app.php?proj\\_code=141](https://bhuvan-app3.nrsc.gov.in/mobile_app/bhuvan_mobile_app.php?proj_code=141)

I would be grateful for your kind support in making the International Day of Yoga a great success. A google drive <https://bit.ly/4bk4ObY> can also be visited for digital resources related to IDY which can be used for social media promotion.

It is also requested to encourage and disseminate the use of IDY tagline # Yoga for self and society 'योग - स्वयम् और समाज के लिए'.

सादर,

भवदीय,

  
(मनिष जोशी)

सेवा में,  
सभी विश्वविद्यालयों के कुलपति  
सभी महाविद्यालयों के प्राचार्य