



ज्ञान-विज्ञान विमुक्तये

सचिव

Secretary



सत्यमेव जयते



विश्वविद्यालय अनुदान आयोग
University Grants Commission
(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

D.O.No.2-38/2023(CPP-II)

16th June, 2023/ 26 ज्येष्ठ 1945

Subject: 9th International Day of Yoga (IDY) on 21st June, 2023.

Respected Madam/Sir,

As you are aware, the International Day of Yoga (IDY) is celebrated every year on 21st June. It has been a worldwide celebration for the past 8 years and has effectively facilitated the global dissemination of the significance of practicing yoga for overall health and well-being and enduring sustainable lifestyle. The thrust of the IDY observation this year is "Harmonious Mass Yoga Demonstrations" and the theme for this year is "Yoga for Vasudhaiva Kutumbakam". The Domestic tagline for IDY '23 is "Har Aangan Yog" being propagated to bring Yoga to every household at the grassroot level. Further, it was also informed that this year the main event will be held on June 21, 2023, in Jabalpur, Madhya Pradesh, with Shri Jagdeep Dhankar, Hon'ble Vice President of India and will be telecast on Doordarshan from 6: 00 AM to 7: 45 AM.

A copy of general protocol to be followed during IDY 2023 is attached as Annexure-I. An indicative list of activities that can be undertaken and a handbook prepared having information of various activities/ resources as prepared by Ministry of Ayush is enclosed as Annexure – II (copy of both the annexures are enclosed for ready reference).

The Higher Education Institutions are requested to adhere to the guidelines/ instructions and celebrate 9th International Day of Yoga 2023 in their institutions and participate in International Day of Yoga to make it a grand success. It is also requested to appoint Nodal Officer to keep record of participants in IDY-2023 and share the details to Ministry of Ayush in the prescribed format as given in Annexure- II.

For any technical assistance, please contact Shri Vikram Singh, Director, Ministry of Ayush (Email: vikramsingh-cea@gov.in, Ph. No. : 011 24656863, Mobile No. : 09868893051) or Dr. I.V. Basavaraddi, Director, Morarji Desai National Institute of Yoga (Email: dir-mdniy@nic.in, Ph. No. : 011-23711657, Mob. No: 09810800289), may be contacted.

In addition, the details of the activities conducted may also be uploaded along with photos / videos on the University Activity Monitoring Portal (UAMP) at <https://uamp.ugc.ac.in/>.

With kind regards,

Yours sincerely,

(Sudeep Singh Jain)

Encl.: As stated above.

To
The Vice-Chancellors of all Universities
The Principals of all Colleges/Institutes

